## **Robotics & Coding for KIDS**

When: Thursday 24 July -

11 Sep 8 wks

Time: 4.30pm - 6.30pm

Go to www.stembirds.com.au



# **Events & Workshops**

**Healthy Feet** 



We rely on your feet to take you millions of kilometres, find out how to take care of your feet with a professional.

When: 7 Aug Time: 10am - 12pm

**Cost:** \$25

## **Home Decluttering Workshop**

Are you thinking of downsizing? Join us to figure out how to rid yourself of unwanted clutter.

When: 5 Sep Time: 10am - 11am Cost: \$20

## **Seniors Tech Workshop**

Learn how to navigate with Google Maps and how to shop online.

When: Friday 22 August

Time: 10am - 12pm Cost: \$5 pp

Register online to participate as spots

are limited.

## Café of Connections

A social group for people living with dementia. When: Every



2nd Tuesday of the month, 10am-12pm.

Placement on application, please call us.

# **English Conversation**

## 实用英语会话

Learn practical language skills to manage everyday life with confidence. *Thursday's*10.30am - 11.30am For more information access the WeChat Group using QR Code.



Scan the QR Code to add me
 WeChat

# Melbourne Woman's Grp

墨尔本女性沙龙

A social group to help connect Chinese speaking woman. \$10pp per session.

Wednesday 23/7 13/8 3/9 @ 10am - 12pm
Sunday 3/8 24/8 14/9 @ 3pm - 5pm

## **House Hire**

We have a range of rooms available for small groups and parties. Rooms are available during the day, at night and weekends. Coffee/tea and kitchen facilities are included. Please contact the office for prices and availability.



https://www.bhsnh.org.au

Call: 9898 8270 Email:
info@bhsnh.org.au Address:
47 Kitchener street, Box Hill
South, 3128 Socials: Facebook
& Instagram for news



Small, Friendly, Affordable Classes

# TERM 3 2025 JULY- SEPTEMBER













# **Health & Wellbeing**

### HATHA YOGA

When: Monday 21 July - 15 Sep 9 wks

Time: 6:15pm - 7:15pm & 7:15pm - 8:15pm

Cost: \$121.50 Or Casual \$15 per class

## TRIVIA, WALK & TALK

When: Wednesday 23 July - 17 Sep 9 wks

Time: 1:30pm - 3.30pm

Cost: \$2 per class

### STRENGTH TRAINING

When: Monday 21 July - 15 Sep 9 wks

Time: 9:15am - 10:15am

Costs: \$12 per class

When: Thursday 24 July - 18 Sep 9 wks

Time: 9:15am - 10:15am & 10.30am - 11.30am

Cost: \$12 per class

#### TAI CHI - YANG STYLE

When: Friday 25 July - 19 Sep 9 wks

Time: 11.30am - 12.30pm

and 12.45pm - 1.45pm

Cost: \$135

## **NEW! STABLE & ABLE EXERCISES**

When: Friday 25 July - 19 Sep 9 wks

Time: 10am - 11am

Cost: \$121.50 Or Casual \$15 per class

### **ZUMBA CLASS**

Love dancing? This fun class is for

you, no experience necessary.

When: Wednesday 23 July - 17 Sep 9 wks

Time: 6.30pm - 7.30pm

Cost: \$135 Or Casual \$15 per class

## **Art & Craft**

## WATERCOLOUR PAINTING

When: Monday 21 July - 8 Sep 8 wks

Time: 10am - 12pm & 7.30pm - 9.30pm

Cost: \$160

### **BOTANICAL DRAWING**

When: Wednesday 30 July - 17 Sep 8 wks

Time: 10am - 12pm

Cost: \$160

Call us for bookings and material list

#### FRIDAY CRAFT GROUP

When: Friday 25 July - 19 Sep 9 wks

Time: 12.30pm - 3pm

Cost: \$5 per class

#### **NEW! SEWING CLASS**

A sewing class where you will learn how

to make your own clothes!

When: Every Second Tuesday starting

from 29/7

Time: 10am - 12.30pm

Cost: \$40 per class BYO Sewing Machine

## LEARN HOW TO KNIT/CROCHET

When: Monday 21 July - 15 Sep 9 wks

Time: 1pm - 2.30pm

Cost: \$5 per class

## **Social Groups**

### **BOOK CLUB**

First Thursday in month 7.30pm

3 July, 7 Aug, 4 Sep, 2 Oct

Cost: On application

### WRITERS GROUP

Third Sunday in month 2pm - 4.30pm

17 Aug, 21 Sep

Cost: \$7/session

### ITALIAN INTERMEDIATE CLASS

When: Tuesday 22 July - 16 Sep 9 wks

Time: 1pm - 3pm

Cost: \$260 per term

#### **URBAN HARVEST**

Third Saturday in month 11am - 12.30pm

19 July, 16 Aug, 20 Sep

Cost: FREE

### **NEW! MELB WOMAN'S GRP**

A Chinese speaking group

When: Wednesday 23/7 13/8 3/9 @ 10am -

12pm Sunday 3/8 24/8 14/9 @ 3pm - 5pm

Cost: \$10 pp per session